



First collect your supplies:

1. Cardboard tube about 17" or 430mm long and 1" or 25mm in diameter plus another piece about 1 1/2" or 40mm in length (split along the side so it slips over the flute)
2. Wood plug about 1" or 25mm in diameter and 1" or 25mm long
3. Rubber band
4. Bit of Glue
5. Optional origami bird

Mark the holes using measurements from the sound hole to each corresponding fingering. There are many ways to "drill" the holes out. I actually used my burning tools to tune these holes like I usually do with all our flutes. You could easily drill the holes out with a hobby knife as I began them or use a tapered wooden dowel as a drill bit. It's best to use what you are skilled at and/or comfortable with. It's best if the holes wind up clean and neat and without any "furry" burs inside of the holes or the flute. Next, cut the area outlined around the air supply and sound holes so that the wooden plug fits in the center leaving the air supply and sound holes each relatively square. Then, glue the plug in place as such and be certain that there are no air leaks around the plug. Because of the type of block we are using for this flute is a round piece of the cardboard tube itself, I actually filled in the track area a little bit with glue and made it rather thin so that it produced the best sound.

For more information on making Native American Flutes:

<https://www.youtube.com/bluebearflutes>