

# Native Flute 1

## With Charlie Mato-Toyela

Because of our circular teaching/learning techniques, new students can begin at anytime.

Every class follows a basic 3 step routine with a beginning, middle and an end and supplementing these routines, each class has a particular focus. Teaching in this way insures that beginners get everything that they need in order to advance and those who are already advanced can continue learning simultaneously beside others who have only just began playing. This method also makes it easy for someone to join our class at anytime and not miss out on anything which was being taught “before” they began since they will continue for a full 3 months and pick up lessons 1,2 or 3 for example after lessons 10, 11, and 12.

Below is a list of our classes and what they intail.

### Beginning each class we discuss:

The basic scale, posture, breath control and holding the flute.

### In the middle of each class:

We take about a 5 minute break where generally I play the flute as an example of different techniques and styles.

### At the end of each class:

Discuss what we're doing in the upcoming week, remind to book the next class and remind the group how to practice and how to accept constructive criticism from an audience. As time permits and depending on the size of each class, we may have an opportunity for questions and answers from the students.

# Native Flute 1 continued...

In addition to our regular routine, below are the focal points of each week:

Week 1. Parts of the flute and minor troubleshooting

Week 2. Song #1 - River Cane Dancing

Week 3. How to Practice effectively

Week 4. Song #2 - Parts Unknown

Week 5. Alternate scales - The Major Scale

Week 6. Alternate scales - The Minor Blues Scale (with downloadable blues backing track)

Week 7. Alternate scales - The Chromatic Scale (and how to use it)

Week 8. Traditional stories about the Native American Flute and “what is traditional?”

Week 9. “Wetting Out” and Flute care

Week 10. Song #3 - The Blue Bear

Week 11. Advanced Techniques and Performing for large crowds

Week 12. Recording your own music